

Dental implants - Treatment plan stages

The rehabilitation with dental implants requires an approximate time frame of 4-4.5 months and consists of two basic treatment stages:

1st stage: Surgical placement of your dental implants

2nd stage: (3.5 MONTHS LATER- osseointegration phase*): prosthodontic rehabilitation of your dental implants

DETAILED EXPLANATION:

Day 1:

Surgical placement of your dental implants. Post-surgical instructions and medication

Day 8-10:

Suture removal and follow up, in case of a temporary restoration our clinicians will take your impressions only if the clinical condition of your healing gums allows it *

Day 15-20:

Placement of the temporary restoration*

3.5 months later (necessary osseointegration period*)

1st appointment:

New panoramic x-ray

Exposure of your dental implants*

2nd appointment

(7-10 days later): we will take impressions of your implants. Impressions are either taken in a conventional way (silicone material and impression trays) or with our digital scanner (Dentsply Sirona primescan)*

3rd-4th appointment

(within 7-10 days):

Trial, adjustment* and placement of your permanent restorations.

Our clinicians will thoroughly explain to you how you need to clean and take care of your implants. Similarly, to your natural teeth, implants need care and maintenance with regular brushing, as well as the use of interdental brushes at least twice a day (morning and night). As we all know smoking is an enemy for everyone's health, so much more for one's oral health. Thus, in case you are a smoker, it is even more important to maintain good oral hygiene and maintenance following all our guidelines.

Apart from the individual oral hygiene and care, we ask you to follow our recall system *, and to visit our clinic every 6 months for periodontal maintenance and careful reevaluation of your dental implants and oral hygiene. On this follow up we would like you to inform us in regards to any changes on your general medical health or medications.

EXPLANATIONS OF TERMS

*** Osseointegration phase:**

The necessary time frame required for the direct structural and functional connection between living bone and the surface of the dental implant.

*** temporary restoration:**

The teeth that our clinicians will provide you with for the period of 3.5-4 months (osseointegration phase) until it is time to get your permanent restoration.

In certain AND very limited cases, it is possible to restore within 72 hours your dental implants with temporary restorations- a procedure called IMMEDIATE LOADING)

*** Exposure of your dental implants:**

It's the stage where your dental implants which are covered by soft tissue, are exposed with minimal procedure under local anesthesia.

***Impression of your dental implants:**

Impressions are either taken in a conventional way (silicone material and impression trays) or with our digital scanner (Dentsply Sirona primescan**** For more information in regards to the digital scanning technique you can ask our clinicians and front desk or visit our website - www.zabimplants.com

***Trial, adjustment, and placement of your permanent restorations:**

From the day the impressions are taken, we need approximately 1- 2 weeks in order to have your permanent restorations. In some cases, we choose to arrange an additional appointment for try in of your permanent restorations as well as to listen to your wishes and remarks in regards to the fit of your permanent teeth.

***6 months recall system:**

We ask you to visit our clinic every 6 months for periodontal maintenance and careful reevaluation of your dental implants and oral hygiene. Our periodontologist will reevaluate your dental implants and perform the so called 'maintenance phase' of your dental implants and overall periodontal health. On this follow up we would like you to inform us in regards to any changes on your general medical health or medications.

